

Kaitlin Jones Hinchey

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EDUCATION

Ph.D. in Counselor Education, May 2022

William & Mary, Williamsburg, VA
CACREP-Accredited Program

M.Ed. in Counseling - Family Counseling, May 2016

William & Mary, Williamsburg, VA
CACREP-Accredited Program

Bachelor of Arts in Psychology and Hispanic Studies, May 2013

William & Mary, Williamsburg, VA

Study abroad certificate program in Spanish culture and grammar, 2012

The University of Cádiz, Cádiz, Spain

LANGUAGES

English (Fluent), Spanish (Proficient)

LICENSES AND CERTIFICATIONS

Licensed Professional Counselor (LPC) July 2019 – Present
#6414680

Licensed Marriage and Family Counselor (LMFT) June 2020 - Present

National Certified Counselor (NCC) May 2016 - Present

EMPLOYMENT

Assistant Professor, Virginia Commonwealth University
Department of Counseling and Special Education (July 2022 – Present)

Doctoral Co-Director, The Flanagan Counselor Education Center
(May 2020-May 2022)

- Directs day-to-day clinic functions such as:
 - Assignment of referred clients
 - Supervision of clinical interns (8 students)
 - Maintenance of privacy and documentation procedures
 - Email, Fax, and Phone correspondence
- Collaborates with director on maintaining grant-funding qualifications
- Directs community outreach initiatives
- Oversees transition to digital clinical management software
- Maintains a clinical caseload of referred families
- Established new offsite partnerships including the W&M Immigration Clinic and the Landing Retirement Community

Graduate Assistant, William & Mary (August 2019 - Present) 10-hour GA as family counselor for New Horizons Family Counseling Team at the Flanagan Counselor Education Center

- Maintained clinical notes and contacts
- Met with caseload of 2-5 families weekly
- Engaged in weekly clinical supervision

Functional Family Therapy Program Supervisor, Family Focus, Inc., (June 2017 - August 2019)

- Conducts supervision with FFT clinicians twice a week
- Manages outreach efforts and referrals from external agencies and Court Services Units
- Reports on service delivery trends and clinical outcomes
- Complies with all FFT regulations, assessments, and requirements
- Maintains active caseload of 3-5 families

Sex offender Treatment Provider (Certification Eligible) Family Focus, Inc. (April 2017-August 2019)

- Co-Lead weekly psychotherapy groups for adult sexual offenders
- Track progress of group members through notes and reports
- Engage with parole officers to ensure continuation of services

Virtual Residential Team Leader, Family Focus, Inc. (Feb. 2017-June 2017)

- Organizes weekly team and family meetings
- Coordinates treatment plan and weekly sessions up to 40 hours a week
- Meets with case manager and referral source weekly to coordinate services
- Attends FAPT meetings, court hearings, and other appointments

Intensive in-Home and Mental Health Skill Building Counselor, Family Focus, Inc., (May 2016-August 2019)

- Conducts family therapy with at-risk children and adults in their homes
- Assesses children and families for mental health needs
- Uses behavioral interventions to address mental health concerns in the community with adults and children

Legislative Intern Supervisor, Virginia General Assembly (January - April 2016-2017)

- Trained and supervised legislative interns
- Managed constituent requests and responses
- Conducted community outreach and campaign events
- Maintained official website

Intern, Voices for Kids Court Appointed Special Advocates, (May 2013-October

2013)

- Edited and reviewed monthly court reports
- Created and analyzed profiles of information from ongoing cases
- Acted as advocate and court employee liaison
- Coordinated and implemented continuing education training sessions
- Formatted and distributed monthly newsletters
- Planned fundraising events, donation efforts and social events for volunteers

TEACHING (* = Online, ** = Online due to COVID-19)

Instructor of Record, Virginia Commonwealth University (Spring 2024)
CLED 603: *Group Counseling (two sections, 37 students)*
CLED 672: *Internship in Family Counseling (two sections, 12 students)*

Instructor of Record, Virginia Commonwealth University (Fall 2023)
CLED 672: *Internship in Family Counseling (One section, 7 students)*
CLED 641: *Advanced Family Counseling (24 students)*
CLED 605: *Career Information and Exploration (two sections, 50 students)*

Instructor of Record, Virginia Commonwealth University (Summer 2023)
CLED 609: *Practicum in Family Counseling (two sections, 15 students)*
CLED 672: *Internship in Family Counseling (2 students)*

Instructor of Record, Virginia Commonwealth University (Spring 2023)
CLED 603: *Group Counseling (two sections, 30 students)*
CLED 672: *Internship in Family Counseling (two sections, 16 students)*

Instructor of Record, Virginia Commonwealth University (Fall 2022)
CLED 672: *Internship in Family Counseling (two sections; 16 students)*
CLED 641: *Advanced Family Counseling (22 students)*
CLED 605: *Career Information and Exploration (25 students)*

Guest Lecturer, William & Mary (Fall 2021)
Taught one class of EDUC 630: *Family Development** (20 students)

- Lectured on chronic illness, alcohol usage, and violence in family systems

Instructor of Record, William & Mary (Spring 2021)
Taught EDUC 627: *Marriage and Family Therapy** (22 students)

- Led synchronous and asynchronous student discussions of course content
- Graded reflections, subjective exams, and class projects
- Ensured completion of student learning outcomes

Co-Instructor, William & Mary (Spring 2021)

Taught EDUC 260: *Truthiness in Education*** (16 students)
Taught EDUC 301: *Educational Psychology* ** (2 sections, 38 students)

Doctoral Teaching Intern, William & Mary (Spring 2020)

Member of a teaching team for *Practicum in Clinical Mental Health Counseling* (23 students)

- Developed curriculum to address CACREP learning standards
- Led group supervision for clinical mental health counseling students
- Delivered weekly lectures on issues in practicum counseling
- Reviewed student progress during individual supervision

Teaching Assistant, William & Mary

Educational Psychology (Fall 2019, Spring 2020**, Fall 2020**, Spring 2021**)

Truthiness in Education (Fall 2020**, Spring 2021**)

Marriage and Family Counseling ** (Spring, 2020; 26 students)

- Led student family counseling role plays weekly
- Conducted feedback sessions and aided in counselor development
- Reviewed and graded class experiential papers

Guest Lecturer (Summer 2017, Summer 2018) Contemporary Issues in Mental Health Counseling, *William & Mary, Williamsburg, VA*

- Taught graduate class on transitioning from study of counseling to professional practice as community counselors; worked with students on identifying necessary qualities in community counselors and discussed general overviews and expectations of modern practice; overviewed treatment modalities, Medicaid standards, safety protocol, and documentation procedures

AWARDS &
GRANT
EXPERIENCE

Charles. P. Ruch Award for Excellence in Teaching (2022) – Virginia Commonwealth University, School of Education

Pete Warren Fellows Scholarship (2021-2022) – Virginia Counselor Association Foundation

Helen C. Hopper Memorial Scholarship (2014-2015)

School of Education student pursuing a Master's degree in counseling that has demonstrated a special interest and commitment to family counseling and family life education (\$1,800)

Grant Writer, VCU

Applying Critical Discourse Analysis to Examine Whiteness in Broaching Behaviors and Resulting Racial Discussions During Family Therapy with Counselors in Training

Amount Requested - \$500

Grant Writer, William & Mary

Translation of the Attitudes Toward Family Counseling Scale (ATFCS), IAMFC
(Grant not awarded)- \$500

Grant Writer, William & Mary

Translation of the Attitudes Toward Family Counseling Scale (ATFCS), VCAF
(Grant not awarded) - \$1,000

Grant Writer, William & Mary

Counseling Support for Latinx Asylum Seekers
(Grant not awarded) - \$1,500

Grant Writer, Family Focus, Inc.

Functional Family Therapy, Virginia Department of Juvenile Justice - AmiKids
Amount awarded - \$349,725.00

REFEREED
PRESENTATIONS

International

- **Hinchey, K. & Mullen, P. R.** (Accepted - May 2025) *When Counselors Compare: Counselor Self Efficacy Development through the Lens of Social Comparison Theory*. British Association of Counselling Professions, Manchester, England.
- **Chin, P. & Hinchey, K.** (February, 2023) *Applying Critical Discourse Analysis to Examine Whiteness in Broaching Behaviors and Resulting Racial Discussions During Family Therapy with Counselors in Training*. IAMFC annual conference, St. Pete, FL.
- **Chin, P. & Hinchey, K.** (October 2022, Roundtable Discussion) *Applying Critical Discourse Analysis to examine Whiteness in broaching behaviors and resulting racial discussions during family therapy with counselors in training*. EB-ACA International Coherence, Athens, Greece.
- **Hinchey, K.** (December, 2022) *Spanish Translation and Analysis of the Attitudes Toward Family Counseling Scale (ATFCS)*. NBCC International Conference, Online.
- **Hinchey, K.** (2021) *Counselor Social Justice Identity Development Through the Lens of Social Comparison Processes*, AME Annual Conference, Online.
- **Haynes, V., Jones, K., Poe, K. & Skeete, M.** (November, 2018). *Hashing Out the Hashtag: A Discussion of Moral Development and Criticisms of Modern Social Activists*. AME Annual Conference, Barcelona, Spain
- **Dawson, K., Hazelgrove, A. & Jones, K.** (March, 2016) *Big Problems on Little Shoulders: Addressing Substance Use in Family Therapy with Young Children*. IAMFC Conference, New Orleans, Louisiana.

National

- Moore, C. M., Mullen, P. R., **Hinchey, K. J.**, & Lambie, G. W. (September 2023) *Applying the Rasch Model in counseling research: A differential item functioning study*, AARC, Nashville, TN.
- **Hinchey, K.** (accepted - November, 2023) *Of Imposters and Professors: Counselor Educators' Role in Processing Imposter Phenomenon With Students*, ACES, Denver, CO.
- **Hinchey, K.** (November, 2022) *Social Comparison as an Unexplored Factor in Counselor Development*. SACES, Baltimore, MD.
- **Hinchey, K.** & Gutierrez, D. (November, 2022) *A Model for Counselor & Lawyer Collaboration for Latine Immigrants*. SACES, Baltimore, MD.
- Warraich, L. & **Hinchey, K.** (February, 2022). *Multi-aged group counseling in a family systems context: A grant funded program*. ASGW National Conference, Atlantic Beach, Florida.
- Warraich, L., Lee, A., & **Hinchey, K.** (February, 2022). *The Experiences of Parents and Caregivers during the COVID-19 pandemic: Parenting in the Pandemic Psychoeducation and Support Group*. ASGW National Conference, Atlantic Beach, Florida.
- Mullen, P.R., **Hinchey, K.** & Walker, M. (September, 2021). *Assessment of Professional Counseling Depositions: A Content Validity Study*. AARC National Conference, Cincinnati, OH.
- **Hinchey, K.** & Walker, M. (Accepted – September, 2021). *Development of the Attitudes Toward Family Counseling Scale (ATFCS)*. AARC National Conference, Cincinnati, OH.
- **Hinchey, K.** & Walker, U. (October, 2021). *Counseling Master's Student Experiences with Doctoral Students in a Shared Programmatic Setting*. ACES, Atlanta, Georgia.
- Kooyman, B., Javaheri, A. & **Jones, K.** (July, 2017). *The Role of Religion and Religious Resources in Shaping the Experiences of Muslim Students in the U.S.* ASERVIC Annual Conference, Richmond, Virginia.
- Kooyman, B., Haynes, V. & **Jones, K.** (September 2016). *Redefining Deficits: The use of Positive Psychology with Families of Transgender Children*. ALGBTIC Annual Conference, San Antonio, Texas.

Local

- Dockery, D. & **Hinchey, K.** (November 2023) *Preparing Pre-Service School Counselors for Systems Change Work, Advocacy and Action*. Virginia Counselors Association Annual Conference, Hot Springs, VA.
- Chin P. & **Hinchey, K.** (November 2022) *Strategies for using sociometric techniques to develop ethnic and racial identity (ERI) and social justice advocacy in family systems*. VCA Annual Conference, Williamsburg, VA.
- Gutierrez, D., Kern-Scheerer, S. & **Hinchey, K.** (March, 2022) *Working Across Disciplines: Best Practices for Attorneys and Mental Health Professionals in Asylum Seeker Evaluations*. Roundtable panel, Fourth Circuit Asylum Law Conference. Williamsburg, Virginia.

- **Hinchey, K. & Hoyos, M.** (April 2021). *Establishment of a Counselor and Lawyer Partnership to Support Latinx Asylum Seekers*. Racial and Social Justice Graduate Research Symposium. William & Mary.

NON-REFEREED PRESENTATIONS

- **Hinchey, K.** (October, 2022). *John Cook Lecture*, Virginia Commonwealth University School of Education.
- **Hinchey, K.** (July, 2022). *Panel Discussion - Contemporary Issues in Counseling*. William & Mary School of Education.
- **Hinchey, K.** (January – April 2021). *Family Counseling Support Services for Parents, “Take 5”*, Newport News Public Schools.
- **Hinchey, K.** (November, 2017) *Functional Family Therapy. “Coffee & Collaboration”* DJJ and AMIKids, Richmond, VA.
- Grunhaus, C., Haynes, V., **Jones, K.** & Shield, K (October 2015). *Navigating Teen Social Media Use*. New Kent Public Schools Parent Academy, New Kent, Virginia.

PUBLICATIONS

- Meadows, M. & **Hinchey, K.** (accepted) Don’t Say Gay: Preparing School Counselors to Support LGBTQ+ Students in Unsafe School Environments. *Journal of LGBTQ Issues in Counseling*.
- Mullen P. R., Joseph, J., **Hinchey, K.**, Walker, M., & Niles, J. (2023) Assessment of Professional Counseling Dispositions: A Content Validity Analysis. *Teaching and Supervision in Counseling*.
- Mullen, P. R., Niles, J. K., **Hinchey, K.**, Leger, R., & Dorais, S. (2023). An examination of school counselors’ career-sustaining behaviors and its relationship to burnout and job Satisfaction. *Journal of Professional Counseling: Practice, Theory, and Research*, 50(1), 18-32. <https://doi.org/10.1080/15566382.2023.2180612>
- Moore, M., Mullen, P.R., **Hinchey, K. J.**, & Lambie, G. W. (2022). Differential item functioning study of Counselor Competency Scale-Revised scores, *Counselor Education and Supervision*, 00, 1-16.
- Hinchey, K. (2019). *Social Comparison: An Unexplored Factor in Counselor Education* (unpublished dissertation). William & Mary, Williamsburg, VA.
- **Hinchey, K.** & Walker, M. (*In progress*). The Development of the Attitudes Toward Family Counseling Scale.

PRACTICUM/ INTERNSHIP

- Doctoral Intern** – New Horizons Family Counseling Center – (July 2020-Present)
- Provided family-based psychotherapeutic interventions to referred families
 - Led Clinical Supervision for Master’s Student Interns
 - Administered a variety of assessments for clinical and research purposes
 - Took part in the in the administrative responsibilities of the clinic, including case-management duties and client record maintenance.
 - Participated in weekly group supervision

Doctoral Intern in Supervision – William & Mary (January-May 2020)

- Provided weekly clinical supervision to four master’s students
- Assessed student counselors for ethical, clinical and professional skills
- Collaborated with student site-supervisors

Counseling Intern / Play Therapy Coordinator - New Horizons Family Counseling Center – (May 2015 – Present)

- Provided family-based psychotherapeutic interventions to referred families
- Administered a variety of assessments for clinical and research purposes
- Took part in the in the administrative responsibilities of the clinic, including case-management duties and client record maintenance.

Clinical Intern, Newport News Juvenile Drug Court – (January 2015 – May 2015)

- Provided individual and group-based psychotherapeutic intervention
- Created and maintained therapeutic programs
- Attended court hearings weekly
- Created and maintained clinical records
- Conducted fundraising letter campaigns

SERVICE &
LEADERSHIP

Dissertation Committee Member (January 2023 - Present)

Served as committee member and content expert on the dissertation committee for two Ph.D. in Counselor Education candidates.

Scholarship Committee Member (February 2022 - Present)

Virginia Commonwealth University, School of Education

Faculty Organization Representative (Alternate) (August 2022 – Present)

Virginia Commonwealth University, School of Education

Undergraduate Program Coordinator (August 2022 – Present)

Virginia Commonwealth University, School of Education

Virginia Counselors Association Advocacy Committee (August 2021 - Present)

Committee Volunteer

Session Applicant Reviewer (June 2021-August 2021) *AERA Annual Conference*

Virginia Counselors Association Leadership Academy (August, 2021)

Support Group Facilitator (April, 2021) *AAPI Solidarity*, William & Mary Business School

Led support group discussion for members of the AAPI community and allies to discuss student experiences, needs, and to facilitate open sharing and support

Group Facilitator and Coordinator (January 2021 – Present) *“Parenting in the Pandemic”* Flanagan Counselor Education Clinic

- Coordinates service provision of a thrice-yearly support and skill-building group
- Supervises and oversees clinical staff

Search Committee Member (March-July 2021)

Served as student representative on a search committee for two Online counseling program faculty

Communications Coordinator - Graduate Education Association Executive Board at William & Mary School of Education (2015-2016)

- Recorded weekly meeting minutes
- Disseminated weekly school newsletters
- Facilitated Communications between faculty, staff, and students
- Maintained school building information resources

Student Representative, Academic Affairs Committee - William & Mary School of Education (2015-2016)

- Attended Monthly meetings
- Reported on Graduate Education Association activities to the committee

Volunteer, NAMI Annual Fundraiser, 2015

- Engaged in media outreach to promote event
- Planned logistics for event coordination
- Set up and managed event space

Child Advocate, Voices for Kids Court Appointed Special Advocates – (October 2013 - Present)

- Trained in trauma informed practices, privacy law, child abuse and neglect law, social services practices, foster care practices
- Engaged in interview training for both children and adults
- Sworn in as a certified advocate for the Commonwealth of Virginia, October 2013

PROFESSIONAL DEVELOPMENT

- **PwC Inclusive Leadership Workshop** – Mason School of Business, William & Mary
- **Titanium Schedule EMR Software** - Dr. Rebecca Sheffield, The Flanagan Counselor Education Clinic
- **Telehealth 101 Webinar** – Dr. LoriAnn Stretch, William & Mary

- **Trauma-Informed Care Workshop** – Flanagan Counselor Education Clinic
- **Functional Family Therapy Treatment Model** - AmiKids
- **Certified Sex Offender Treatment Provider Training** - VSOTA
- **Governor’s Summit on Human Trafficking** - Department of Criminal Justice Conference
- **Smart Beginnings Coalition for Early Child Education** – Trauma Informed Practice Training
- **The Children’s Center** – Grief and Coping Training
- **HIPAA privacy practices training**
- **SPSS training**

PROFESSIONAL
AFFILIATIONS

- American Counseling Association** – Member (2014-Present)
- National Board of Certified Counselors** – Member (2014-Present)
- International Association of Marriage and Family Counselors** – Member (2014-Present)
- Chi Sigma Iota: Omega Mu Chapter** – Inducted Member (2014)
- Virginia Counselor Association** - Member (2014-Present)
- Association of Counselor Education and Supervision** (2021)
- European Branch - ACA** (2022)
- Southern Association of Counselor Education and Supervision** – Member (2020-2024)
- American Educational Research Association** (2021)