

Dr. T'Airra Belcher

Loyola University New Orleans
6363 St. Charles Avenue, Campus Box 66, New Orleans, LA 70118
Email: tbelche@loyno.edu Phone: 804-389-5877

EDUCATION

Old Dominion University Norfolk, VA
PhD, Education, CACREP-Accredited May 2019
Concentration: Counselor Education and Supervision
Dissertation: Reshaping counselor education: The identification of influential factors of multisystemic therapy.
Advisor: Dr. Brown

Old Dominion University Norfolk, VA
Master of Science in Education, CACREP-Accredited May 2014
Concentration: Clinical Mental Health Counseling

James Madison University Harrisonburg, VA
Bachelor of Arts in Psychology May 2012
Centennial Scholars Recipient

LICENSES AND CERTIFICATIONS

National Certified Counselor, NCC # 340593 Certified August 2014
Licensed Professional Counselor, LPC(VA) # 0701007952 Effective October 2018
Certified Clinical Mental Health Counselor, CCMHC # 340593 Certified May 2019
Licensed Professional Counselor, LPC(LA) # 9023 Effective November 2019

PUBLICATIONS

Peer-Reviewed Publications

Johnson, K.F., **Belcher, T. W.**, Zimmerman, B., & Franklin, J. (2020). Interprofessional partnerships involving school counsellors for children with special needs: A broad-based systematic review using the PRISMA framework. *Support for Learning, 32(1)*, 43-67. <https://doi.org/10.1111/1467-9604.12285>

Sparkman-Key, N., Vajda, A., & **Belcher, T.** (2020). Advancing human services education: Exploratory study of international service-learning and digital pedagogy. *Journal of Service Learning in Higher Education, 10*, 29-45.

Borden, N., **Belcher, T.**, Rivas, F., & Ricks, S.A. (In Press). Bringing social movements into human services classrooms: Movements and human services education. *Journal of Human Services, 38*.

Under Review

Sparkman-Key, N., **Belcher, T.**, & Borden, N. E-Portfolio: Advancing human services education through technology. *Journal Human Services*.

Belcher, T., Brown, N., Richels, C., & Sparkman-Key, N. A Meta-analysis of the effectiveness of Multisystemic therapy on four juvenile delinquency variables.

Belcher, T., Rivet., & Baker, M. Power and privilege: Centering mental health and decentering white comfortability

Belcher, T., Barbor, M., & Maples., F. The Current Role of Mental Health Counselors Serving LGBTQI+ Youth Communities

Published Book Chapter

Vajda, A., **Belcher, T.,** Borden, N., Rivas, F. (2022). In Johnson, K. (Eds.), Sparkman-Key, N.M. (Eds.), Meca, A. (Eds.) & Tarver, S.Z.(Eds.), Developing anti-racist practices in the helping professions: Inclusive theory, pedagogy, and application.

Lund, S., & **Belcher, T.** (2020). Sexual Disorders and Gender Dysphoria. In Scott, D.A (Eds.), & Scott, M.G.(Eds.), Psychopathology: A case-based approach.

In Preparation

Belcher, T. Human Sexuality Counseling

Belcher, T. Counselor Education, Gatekeeping, and Covid-19: The future of Counselor Education.

Belcher, T. Impact of stereotypical black roles on Counselor Education and Supervision.

Belcher, T. Counselor Fit Scale: Establishing and maintaining a baseline for acceptance into CACREP Programs with attention to cultural competency.

PRESENTATIONS

International Peer-Reviewed Presentations

Belcher, T. (2021). Implications of stereotypical roles of African-American women on gatekeeping in the counseling profession. Trusted Provider Network. Virtual.

Lund, S. & **Belcher, T.** (2019, September). College student-athletes: Mental health needs, attitudes, diversity, and interventions among the population. The European Branch of the American Counseling Association International Conference, Vienna, Austria.

National Peer-Reviewed Presentations

Belcher, T. (2021, October) *Counselor Fit: Gatekeeping during a Pandemic & Civil Unrest.* Association for Counselor Education and Supervision National Conference, Atlanta, GA.

Belcher, T. (2021, June) Implications of stereotypical roles of African American women on gatekeeping in the counseling profession. Association of Humanistic Counseling, Virtual.

Belcher, T. (2020, February) Reshaping counselor education: The identification of influential factors on multisystemic therapy. Law and Ethics in Counseling Conference, New Orleans, LA.

Borden, N., **Belcher, T.,** Rivas, F., & Ricks, S.A. (2019, March) Bringing social movements into the classroom: Broaching the topic of current social justice movements. American Counseling Association National Conference, New Orleans, LA.

Belcher, T., Lund, S., & Vajda, A. (2017, October). *Forging a path to empathy in a divided America: Teaching multicultural counseling.* Association for Counselor Education and Supervision National Conference, Chicago, IL.

Lund, S., & **Belcher, T.** (2018, February). *Meeting the unique mental health needs of college student-athletes: Integrating our services.* American College Counseling Association Annual Conference, Charlotte, NC.

Vajda, A., Fernandes, S., & **Belcher, T.** (2017, July). *Counseling Implications for working with undocumented Latino youth.* American Mental Health Counselors Association National Conference, Washington, D.C.

Regional Peer-Reviewed Presentations

Belcher, T. (2018, October). *Where do we go from here? Creating inclusive spaces for African-American women in CES programs.* Southern Association for Counselor Education and Supervision, Myrtle Beach, SC.

State Peer-Reviewed Presentations

Belcher, T., & P. (2022, February). Culturally competent supervisor: Integration of multicultural competency. Louisiana Counselor Education and Supervision Division, Virtual.

Belcher, T. (2021, October) *Becoming a Competent Counselor: Application and Integration of Intersectionality Wheel and development..* Louisiana Counseling Association, Virtual.

Ebrahim, C. & **Belcher, T.** (2020, October). *Ethical practice in LPC supervision..* Louisiana Counselor Association, New Orleans, LA.

Belcher, T. (2018, November). *A review of intensive in home in Virginia and potential new direction.* Virginia Counselor Association, Norfolk, VA.

Belcher, T., & Lund, S. (2018, February). *Empathy 101: You don't know what you don't know.* Virginia Counselors Education and Supervision Annual Conference, Lynchburg, VA

Belcher, T., & Borden, N. (2018, February). *Where do we go from here? Creating spaces for African-American women in counselor education and supervision programs.* Virginia Counselors Education and Supervision Annual Conference, Lynchburg, VA

Horton-Parker, R., & **Belcher, T.** (2018, November). *May they all flourish! Creating a trans-friendlier world for children, adolescents, and adults.* Virginia Counselor Association, Norfolk, VA.

Horton-Parker, R., & **Belcher, T.** (2017, November). *Please don't forget the T (in LGBTQ, that is!): Understanding and collaboratively advocating for trans individuals.* Virginia Counselors Association Annual Convention, Williamsburg, VA.

Horton-Parker, R., & **Belcher, T.** (2017, November). *What will happen to us? Strategies to collaboratively reduce fear and anxiety while promoting inclusion and social justice in an uncertain world.* Virginia Counselors Association Annual Convention, Williamsburg, VA.

Horton-Parker, R., Dustin, J. (in absentia), & **Belcher, T.** (2016, November). *This is what transgender looks like! What you need to know to be an effective counselor and advocate for trans individuals.* Virginia Counselors Association Annual Convention, Williamsburg, VA.

Vajda, A., Fernandes, S., & **Belcher, T.** (2017, February). *Counseling gay Latinos: Addressing the complexities of multidimensional identities.* Virginia Association for Counselor Education and Supervision Conference, Norfolk, VA.

Belcher, T. (2017, Fall). *Interventions to use with At-Risk youth.* Old Dominion University. Norfolk, VA.

Invited Guest Presenter/Speaker

Belcher, T. (2021, May). What is Gender? Counselors having Critical Conversations with Turning Point Counseling. New Orleans, LA.

Belcher, T. (2021, April). What is Gender? Counselors having Critical Conversations with Turning Point Counseling. New Orleans, LA.

Belcher, T. (2021, April). Are you Being Ethical? Counselors having Critical Conversations with Turning Point Counseling. New Orleans, LA.

Belcher, T. (2021, February). Understanding your social location. Lunch and Learn with Louisiana Counselor Education and Supervision. New Orleans, LA.

Belcher, T. (2020, August). Navigating Supervision via Telehealth Presentation to the New Orleans area Practicum and Internship site supervisors through Loyola University New Orleans. New Orleans, LA.

Belcher, T. (2020, August). Treatment Planning 101. Presentation to the New Orleans Family Justice Center Clinical Team and Interns. New Orleans, LA.

Belcher, T., Heath, S., Wong, A., & Yurgil, K. (2020, June). Ending Keynote on Trauma. Presentation to the Loyola Summer Teaching Conference. New Orleans, LA.

Belcher, T. & Ebrahim, C. (2020, January). Navigating Ethical Issues in Supervision. Presentation to the New Orleans area Practicum and Internship site supervisors through Loyola University New Orleans. New Orleans, LA.

MEDIA EXPERIENCE

Personal Media Experiences

Belcher, T. (2021, March). We're A.I.G.H.T. Podcast: Queer & Business. New Orleans, LA

Belcher, T. (2021, February). We're A.I.G.H.T. Podcast: New Year, New Mantra! New Orleans, LA

Belcher, T. (2021, January). We're A.I.G.H.T. Podcast: Sex, Gender, and Social Constructs? New Orleans, LA

Belcher, T. (2020, December). We're A.I.G.H.T. Podcast: National Coming Out Day. New Orleans, LA

Belcher, T. (2020, July). We're A.I.G.H.T. Podcast: Who Are you? New Orleans, LA

Belcher, T. (2020, July). We're A.I.G.H.T. Podcast: We're A.I.G.H.T. New Orleans, LA

Invited Media Experiences

Belcher, T. (2020, April). View from the 5th row podcast: Anxiety and COVID. Alexandria, VA

Belcher, T. (2020, April). Teal Table Talk: Sexual Assault Awareness Month through Old Dominion University. Norfolk, VA.

TEACHING EXPERIENCE

Loyola University New Orleans

August 2019- Current

College of Nursing and Health

Department of Counseling

Assistant Professor of Counseling -Master's level courses

Spring 2022

- Diagnostics in Counseling (CNSL 855)
- Diagnostics in Counseling (CNSL 855)
- Internship (CNSL 866)

Fall 2021

- Introduction to Clinical Mental Health Counseling (CNSL 835)
- Multicultural Counseling (CNSL 842)
- Introduction to Clinical Mental Health Counseling Skills Lab
- Introduction to Clinical Mental Health Counseling Skills Lab

Summer 2021

- Practicum (CNSL 865)
- Practicum (CNSL 865)
- Human Sexuality Counseling

Spring 2021

- Health Disparities (NURS/CNSL 294-J02)
 - Selected to participate in first January Term experience to incorporate multicultural competencies into coursework.
- Diagnostics in Counseling (CNSL 855)
- Diagnostics in Counseling (CNSL 855)
- Internship (CNSL 866)

Fall 2020

- Clinical Assessment and Psychometrics (CNSL 776)
- Introduction to Clinical Mental Health Counseling (CNSL 835)
- Multicultural Counseling (CNSL 842)

Summer 2020

- Practicum (CNSL 865)
- Practicum (CNSL 865)

Spring 2020

- Diagnostics in Counseling (CNSL 855)
- Diagnostics in Counseling (CNSL 855)
- Internship (CNSL 866)

Fall 2019

- Clinical Assessment and Psychometrics (CNSL 776)
- Introduction to Clinical Mental Health Counseling (CNSL 835)
- Multicultural Counseling (CNSL 842)

Old Dominion University

College of Education and Profession Studies
Department of Counseling and Human Services
Graduate Student Instructor

- Master's level courses Co-Instructor:
 - Mental Health Counseling (30911)
 - Introduction to Supervision (18045)

August 2016 – May 2019

- Undergraduate courses Instructor of Record:
 - Substance Abuse Treatment & Research (29311)
 - Family Guidance (24119)
 - Interventions and Advocacy with Children (10674)
- Undergraduate courses Co-Instructor: (29311)
 - Diversity Issues-Human Services (24179)
 - Family Guidance Online (32414)
 - Interpersonal Relations Online (34440)
 - Intro to Human Services Online (13115)
 - Intro to Substance Abuse Online (32405)

CLINICAL & UNIVERSITY STAFF EXPERIENCES

Therapist

New Orleans, LA

Private Practice

January 2020- Current

- Established private practice and requirements for state of Louisiana
- Conduct clinical assessment and utilize clinical judgement
- Provides culturally competent services
- Develop treatment plans, complete case notes, and monitor progress

Research Assistant

January 2017 – May 2019

Old Dominion University

- Conducted quantitative and qualitative research on human services experiences with digital pedagogy.
- Utilized systematic review to research the role of interprofessional partnerships within school counseling.
- Identified core issues and concerns with navigating current political climate in the human services classroom
- Assisted in determining the multicultural components of advising graduate level students with a focus on international students.

Clinical Assessor

Norfolk, VA

Kaleidoscope Counseling and Case management

October 2017 – June 2019

- Conduct clinical assessment for Intensive In-Home services
- Establish rapport and professional relationship with clients
- Develop treatment plans
- Provide family therapy to families to maintain
- Conduct risk-assessments and mental health evaluations for individuals seeking intensive in-home therapy.

Career and Academic Resource Center

Human Services Undergraduate Advisor

Norfolk, VA

Old Dominion University

August 2016-August 2017

Co-Director

August 2017-May 2019

- Provided academic and career advising to a caseload of approximately 100 human services undergraduate students.
- Met with students at least once a semester to discuss and develop academic and career plans.
- Ensured students were meeting departmental and university requirements.
- Developed academic plans for students who failed to meet academic requirements.
- Coordinated with various campus offices, such as educational accessibility, to ensure advisees were receiving the appropriate accommodations in class.
- Developed and delivered at least 1 workshop per semester on topics including study skills and stress management to facilitate academic success.
- Assisted in the training of 1-2 new advisors each semester.

- Facilitated advising sessions for new student and transfer student orientations
- Maintained up-to-date advising records through an online database

Program Therapist

Richmond, VA

Hallmark Youthcare

September 2015 – September 2016

- Provided residents and their families with weekly case management.
- Conducted psychotherapy through daily individual and family therapy sessions.
- Completed psychosocial assessments, strengths assessments, and behavioral support plans for individualized treatment.
- Led specialized group therapy sessions in areas of psychoeducation, general process, chemical dependency, and trauma.
- Implemented best practices, evidenced-based practice models where appropriate, and adhered to program expectations.
- Provide individual therapy on locked extended- and sub-acute mental health units.

Behavioral Health Specialist

Richmond, VA

Good Neighbor Community Services

July 2014 – September 2015

- Provided Intensive In-Home Counseling to children addressing mental health concerns.
- Advocated for clients to increase their overall functioning.
- Created treatment plans and executed appropriate interventions for children and adults.
- Effectively communicated with community agencies to make referrals.

Community Services Board Resident

Norfolk, VA

Community Services Board

July 2014 – September 2015

- Provided Intensive In-Home Counseling to children addressing mental health concerns.
- Advocated for clients to increase their overall functioning.
- Created treatment plans and executed appropriate interventions for children and adults.
- Effectively communicated with community agencies to make referrals.

CLINICAL SUPERVISION EXPERIENCE

Supervisor

Norfolk, VA

Old Dominion University

January 2017 – Present

- Provide individual, triadic and group supervision for master’s level advanced psychotherapy techniques and skills course.
- Simulate role play to increase learning and comfort of skills.
- Serve as group leader for process group for 6 human services undergraduates students
- Focus on interpersonal communication skills, interpersonal awareness, and empathic responding

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

- American Counseling Association (ACA)
- Association for Counselor Education and Supervision (ACES)
- Association for Gay, Lesbian, Bisexual, and Transgender Issues in Counseling (ALGBTIC)
- American College Counseling Association (ACCA)
- Virginia Counselors Association (VCA)
- Virginia Association for Counselor Education and Supervision (VACES)
- Chi Sigma Iota (CSI) International Honors Society, Omega Delta Chapter at Old Dominion University
- Louisiana Counselors Association (VCA)
- Louisiana Association for Counselor Education and Supervision (LACES)

SERVICE

Loyola University College of Nursing and Health

- Dean Search Committee October 2019- November 2020

Loyola University Department of Counseling

- Chair of Diversity, Equity, and Inclusion for College of Nursing and Health September 2021-Current
- Clinical Director/Extraordinary Faculty Search Committee January 2020-May 2020
- Chi Sigma Iota- Co-Advisor August 2019 - Current
- Marginalized Student Processing Group Leader January 2020 - Current
- Creation and management of survey to collect data for CACREP May 2020 – Current

Louisiana Association of Counselor Education and Supervision (LACES)

August 2019 - Current

- **President**
 - This is a three year commitment starting with the role of president elect-elect.
 - Planned event to engage graduate students in the association.
 - Identified networking program to assist in supervisee and supervisor connections.
 - Educated members about cultural considerations and gatekeeping duties.

Mentor

August 2017-Present

Old Dominion University

- Provide mentorship to first- and second-year students in the doctoral program.
- Plan activities to engage students and welcome them to campus community.

President-Elect, Chi Sigma Iota

May 2017 – May 2018

Old Dominion University

- Support all committees of the chapter in the execution of CSI International Requirements.
- Plan end of semester recognition program for all graduate, family members, faculty, staff and award winners.
- Organized fundraiser programs for the chapter in the community.

President, Chi Sigma Iota

May 2018 – May 2019

Old Dominion University

- Finalize budget for 2018-2019 academic year.
- Organize board meetings to plan and prepare for the academic year.
- Addressed successes and shortcomings as a chapter during previous years.
- Identified with board ways to reignite the passion and drive of the chapter

PROFESSIONAL DEVELOPMENT/CLINICAL TRAININGS ATTENDED

- **2021, May**
 - Diversity, Equity and Inclusion in the Workplace Certificate Issued by USF Office of Corporate Training and Professional Education

AWARDS

- 2021-Loyola University New Orleans, College of Nursing and Health “Excellence in Service” Award
- 2021- Loyola University New Orleans, L.O.V.E. Organization, Inez Beverly Prosser Award